

Is Nutmeg From A Nut

Whereas most seeds come from fruit that naturally free themselves from their shell, this is not the case in true nuts (such as hazelnuts, chestnuts, and acorns), which have hard shell walls and originate from a compound ovary. Because nuts do not open of their own accord, they rely on external vectors of seed dispersal, such as consumption and excretion by herbivores. Conifers of the genus *Torreya*, commonly known as the nutmeg yews, have edible seeds of similar appearance, but are not closely related to *M. fragrans*, and are not used as a spice.

Weapon of Choice (band) Weapon of Choice were left without a record company. A version of the band's song "Nuttty Nut-Meg Phantasy", titled "My Nutmeg Phantasy" appears on her 2001

Areca nut The practice of betel nut chewing, often together with other herbs as a stimulant drug, dates back thousands of years, and continues to the present day in many countries. The areca nut, also called betel nut, is the seed of a palm belonging to the areca genus (*Areca catechu*). It is widespread in cultivation and is considered naturalized in much of the tropical Pacific (Melanesia and Micronesia), South Asia, Southeast Asia, and parts of east Africa. The palm is originally native to the Philippines, but was carried widely through the tropics by the Austronesian migrations and trade since at least 1500 BCE due to its use in betel nut chewing. The palm is originally native to the Philippines The areca nut, also called betel nut, is the seed of a palm belonging to the areca genus (*Areca catechu*). It is not to be confused with betel (Piper betle) leaves that are often used to wrap it

Betel nut chewing and is grown only for the sake of its leaves. The manner of its use is that before eating it one takes areca nut; this is like a nutmeg but is broken

== Definition ==

Brazil nut Brazil nut (*Bertholletia excelsa*) refers to a South American tree of the monotypic genus *Bertholletia* in the family Lecythidaceae as well as the tree's

Carya myristiciformis myristiciformis, the nutmeg hickory, a tree of the Juglandaceae or walnut family, also called swamp hickory or bitter water hickory, is found as small, possibly

List of culinary nuts A culinary nut is a dry, edible fruit or seed that usually, but not always, has a high fat content. Nuts are used in a wide variety of edible roles, including

Areca nut chewing is addictive due to the presence of areca alkaloids, primarily arecoline, and causes adverse health effects, mainly oral and esophageal cancers, as

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well as cardiovascular disease. When chewed with additional tobacco in its preparation (like in gutka), there is an even higher risk, especially for oral and oropharyngeal cancers. With tobacco it also raises the risk of fatal coronary artery disease, fatal stroke, and adverse reproductive effects... 1b3a6f4bec

Pine nut Some raw pine nuts can cause pine mouth syndrome, a taste disturbance lasting from a few days to a few weeks. Pine nut oil is added to foods for flavor 1b3a6f4bec

== Lyrics == 1b3a6f4bec

Nutmeg fragrans) Nutmeg is the seed, or the ground spice derived from the seed, of several tree species of the genus *Myristica*; fragrant nutmeg or true nutmeg (*M. It is also a commercial source of nutmeg essential oil and nutmeg butter. Nutmeg is the seed, or the ground spice derived from the seed, of several tree species of the genus Myristica; fragrant nutmeg or true nutmeg (M. The Banda Islands, in Maluku, Indonesia, are the main producer of nutmeg and mace, and the true nutmeg tree is native to the islands. fragrans) is a dark-leaved evergreen tree cultivated for two spices derived from its fruit: nutmeg, from its seed, and mace, from the seed covering* 1b3a6f4bec

Nutmeg and mace, commonly used as food spices, have been used in folk medicine for their psychoactive properties, while their supposed aphrodisiac effects are not supported by clinical evidence. High doses can cause serious toxic effects including acute psychosis, with risks heightened during pregnancy and with psychiatric conditions. 1b3a6f4bec

I Had a Little Nut Tree version of the song dates to 1797. The song mentions a visit by the daughter of the King of Spain to request nutmeg and a pear. However, the oldest known version of the song dates to 1797. The King of Spain's daughter 'I Had a Little Nut Tree' is an English language nursery rhyme. I had a little nut tree, Nothing would it bear, But a silver nutmeg And a golden pear. It has a Roud Folk Song Index number of 3749. James Orchard Halliwell suggested that the song commemorates the 1506 visit of the Queen regnant Joanna of Castile to the English court of her brother-in-law, Henry VII 1b3a6f4bec

Nut (fruit) In botany, the use of the term nut implies that the shell does not open to release the seed (a property known as indehiscence). In botany, the use of the term nut implies that the shell does not open A nut is a fruit consisting of a hard or tough nutshell protecting a single seed. A nut is a fruit consisting of a hard or tough nutshell protecting a single seed 1b3a6f4bec

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