

Recetas Con Esparragos Verdes

Wine is produced mainly in the territory of the Ribera del Guadiana denominación... 90381a9a55

Extremaduran cuisine de poleo (pennyroyal mint soup), sopa de pan con aceitunas (bread soup with olives), sopa de espárragos trigueros (wild asparagus soup), sopa de antruejo Extremadura, Spain is known for its different ways of preparing the Iberian pork and mutton. The resulting dishes are eaten with local bread. It is also a cuisine reflecting a generous spirit, for many of its preparations used to be cooked in large pots to share with visitors, friends, and neighbors. The main characteristics of the traditional Extremaduran cuisine are its simplicity, its lack of clutter and its low cost 90381a9a55

The preferred spices in Extremaduran cuisine are paprika (pimentón), garlic, bay leaves, pennyroyal, and anise. The Northeastern comarca of La Vera produces pimentón de la Vera, smoked paprika highly valued all over Spain and extensively used in Extremaduran cuisine. Olive oil is used for frying and as an ingredient in many dishes. Maybe due to Portuguese influence, some limited use of coriander leaves (unusual for other regions of mainland Spain outside the Canary Islands) can be found for some specific dishes such as repápalos or pickled cod (escabeche de bacalao), though often with the possibility of using parsley as an alternative and not with the same extensive use as in Portugal. 90381a9a55

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