

Brown Discharge After Menstruation

Feminine hygiene during menstruation, vaginal discharge, or other bodily functions related to the vulva and vagina. Products that are used during menstruation may also be called menstrual hygiene products, including menstrual pads, tampons, pantyliners, menstrual cups, menstrual sponges and period panties. Products that are used during menstruation may also be called feminine hygiene products. Feminine hygiene products are personal care products used for women's hygiene during menstruation, vaginal discharge, or other bodily functions related to the vulva and vagina.

== Etymology ==

Period poverty In total, there are around 500 million women and girls that cannot manage their periods safely due to lack of menstrual products and for fear of shame. For these marginalised groups, accessing safe and accommodating spaces to manage menstruation can be fraught with challenges. Period poverty is a term used to describe a lack of access to proper menstrual products and the education needed to use them effectively. The American Medical Women's Association defines period poverty as "the inadequate access to menstrual hygiene tools and education, including but not limited to sanitary products, washing facilities, and waste management". Experiences surrounding menstruation. The lack of access to menstrual hygiene products can cause physical health problems, such as infections and reproductive tract complications, and can have negative social and psychological consequences, including missed school or work days and stigma.

Menstruation Menstruation is triggered by falling progesterone levels, and is a sign that pregnancy has not occurred. Feminine hygiene products are used in order to maintain hygiene during menses. Menstruation (also known as a period, among other colloquial terms) is the regular discharge of blood and mucosal tissue from the inner lining of the uterus. Menstruation (also known as a period, among other colloquial terms) is the regular discharge of blood and mucosal tissue from the inner lining of the uterus through the vagina. The menstrual cycle is characterized by the rise and fall of hormones.

Breast pain linked to the menstrual cycle is called cyclic breast pain or cyclic mastalgia. Some degree...

Endometriosis It can also appear on the bowel, bladder, and in some cases on the lungs or skin. Endometrium renews the tissue after menstruation. Worldwide, endometriosis affects approximately 10% of the female population of reproductive age, representing nearly 200 million women. Symptoms typically begin in adolescence or the early 20s, and tend to improve after menopause as estrogen levels go down. The tissue most often grows close to the uterus, such as on the ovaries, fallopian tubes, or the lining of the pelvis. In women with

endometriosis, more tissue is shed from this layer during menstruation, allowing more stem cells. Endometriosis is a disease in which tissue similar to the endometrium—the lining of the uterus (womb)—grows elsewhere in the body. 2736780fca

Niddah woman who has experienced a uterine discharge of blood (most commonly during menstruation), or a woman who has menstruated and not yet completed the associated A niddah (alternative forms: nidda, nida, or nidah; Hebrew: נִדָּה *nidá*), in traditional Judaism, is a woman who has experienced a uterine discharge of blood (most commonly during menstruation), or a woman who has menstruated and not yet completed the associated requirement of immersion in a mikveh (ritual bath). 2736780fca

Like all types of sacrifices offered on the altar, the flour had to be unscented and the animal had to be completely unblemished. This offered sacrifice accompanied the important required core means of atonement for the committing of an unintentional transgression of a prohibition, that either has brought guilt upon the 'community of Israel' or the individual. This offering is brought during or after atonement for those transgressions that had been committed inadvertently, or in ignorance: intentional transgressions could only be absolved by other forms of atonement, or in severe cases kareth. It was distinct from the biblical guilt offering. 2736780fca The terms menstruation and menses are derived from the Latin: *mensis*, lit. 'month', which in turn is cognate with the Ancient Greek: *μήνη*, romanized: *mēnē*, lit. 'lunar month', and the roots of the English... 2736780fca In rabbinic Judaism, additional stringencies and prohibitions have accumulated over time, increasing the scope of various aspects of niddah, including: duration (12-day minimum for Ashkenazim, and 11 days for Sephardim); expanding the prohibition against sex to include: sleeping in adjoining beds, any physical contact, and even passing objects to spouse; and requiring a detailed ritual purification process. 2736780fca Since the late 19th century, with the influence of German Modern Orthodoxy, the laws concerning niddah are also referred to as טְהָרַת הַמִּשְׁפָּחָה, *taharat haMishpacha*, 'family purity'. This is a euphemism coined to de... 2736780fca

Vaginal discharge This mixture is constantly produced by the cells of the vagina and cervix, and it exits the body through the vaginal opening. Normal vaginal discharge may be large in volume but typically does not have a strong odor, nor is it typically associated with itching or pain. opaque in color. The composition, quality, and amount of discharge varies between individuals, and can vary throughout the menstrual cycle and throughout the stages of sexual and reproductive development. The discharge continues to decrease from the end of ovulation until the end of menstruation, and then after menstruation, it begins its rise. Vaginal discharge is a mixture of liquid, cells, and bacteria that lubricate and protect the vagina. Normal vaginal discharge may have a thin, watery consistency or a thick, sticky consistency, and it may be clear or white in color. 2736780fca

A menstrual taboo is any social taboo concerned with menstruation. In some societies it involves menstruation being perceived as unclean or embarrassing, inhibiting even the mention of menstruation whether in public (in the media and advertising) or in private (among friends, in the household, or with men). Many traditional religions consider menstruation

ritually unclean, although anthropologists say that the concepts 'sacred' and 'unclean' may be intimately connected. Symptoms vary widely between individuals. Some have no symptoms, while for others it is a debilitating disease. Common symptoms include pelvic pain, heavy and painful periods, pain with bowel movements, painful urination, painful sex, fatigue, and infertility. Beyond bodily symptoms, endometriosis can affect a person's mental health and social life. It is not known exactly what causes the disease. Possible causes include backward (retrograde) flow of menstrual fluid, genetic factors, hormones, and problems with the immune system. The first period, a point in time known as menarche, usually begins during puberty, between the ages of 11 and 13. However, menstruation starting as young as eight years would still be considered normal. The average age of the first period is generally later in the developing world, and earlier in the developed world. The typical length of time between the first day of one period and the first day of the next is 21 to 45 days in young women; in adults, the range is between 21 and 35 days with the average often cited as 28 days. In the largest study of menstrual app data, the mean menstrual cycle length was determined to be 29.3 days. Bleeding typically lasts two to seven days. Periods stop during pregnancy and typically do not resume during the initial months... == Mythology == In the Book of Leviticus, the Torah prohibits sexual intercourse with a niddah. The prohibition has been maintained in traditional Jewish law and by the Samaritans. It has largely been rejected by adherents of Reform Judaism and other liberal branches. While most discharge is considered physiologic (represents normal functioning of the body), some changes in discharge can reflect infection or other pathological processes. Infections that may cause changes in vaginal discharge include vaginal yeast infections, bacterial vaginosis, and sexually transmitted infections. The characteristics of abnormal vaginal discharge vary depending on the cause, but common features include a change in color, a foul odor, and associated symptoms such as itching, burning, pelvic...

Breast pain Pain that involves only one part of a breast is more concerning, particularly if a hard mass or nipple discharge is also present. menopause menstruation and Premenstrual syndrome perimenopause neuralgia pregnancy physical abuse pituitary tumor (often with nipple discharge) puberty Breast pain is the symptom of discomfort in either one or both breasts. Pain in both breasts is often described as breast tenderness, is usually associated with the menstrual period and is not serious

There is a later age of onset in Asian populations compared to the West, but it too is changing with time... == Causes == Feminine hygiene products are either disposable or reusable. Sanitary napkins, tampons, and pantyliners are disposable feminine hygiene products. Menstrual cups, cloth menstrual pads, period panties, and sponges are reusable feminine hygiene products. Causes may be related to the menstrual cycle, birth control pills, hormone therapy, or psychiatric medication. Pain may also occur in those with large breasts, during menopause, and in early pregnancy. In about 2% of cases, breast pain is related to breast cancer. Diagnosis involves examination, with medical imaging if only a specific part of the breast hurts. The causes of consequences of period poverty intersect issues of gender equality and economic justice, and there are diverse acts of legislation and perceptions of period poverty around the world. Moreover, social media,

consciousness raising, awareness campaigns, and the arts provide avenues for modern day advocacy regarding period poverty. 2736780fca In more than 75% of people, the pain resolves without any specific treatment. Otherwise treatments may include paracetamol or NSAIDs. A well fitting bra may also help. In those with severe pain tamoxifen or danazol may be used. About 70% of women have breast pain at some point in time. Breast pain is one of the most common breast symptoms, along with breast masses and nipple discharge. 2736780fca == Types == 2736780fca

Culture and menstruation view menstruation. By contrast, in some indigenous hunter-gatherer societies, menstrual observances are viewed in a positive light, without any connotation of uncleanness. In most of India, menarche is celebrated as a rite of passage. Different cultures view menstruation in different ways. The basis of many conduct norms and communication about menstruation in western industrial societies is the belief that menstruation should remain hidden. Different cultures view menstruation in different ways. The basis of many conduct norms and communication about menstruation in western There are many cultural aspects surrounding how societies view menstruation 2736780fca

Feminine hygiene products also include products meant to cleanse the vulva or vagina, such as douches, feminine wipes, and soap. 2736780fca

Menarche Having menarche occur between the ages of 9–14 in the West is considered normal. society and sent to menstruation huts during menarche and every menstruation following as the blood associated with menstruation in the Beta Israel Jewish Menarche (mə-NAR-kee; from Ancient Greek μήν (mēn) 'month' and ἀρχή (arkhē) 'beginning') is the first menstrual cycle, or first menstrual bleeding, in female humans. Girls experience menarche at different ages, but the most common age is 12. From both social and medical perspectives, it is often considered the central event of female puberty, as it signals the possibility of fertility 2736780fca

The Hebrew noun ḥatat ("sin") comes from the verb ḥata (חָטָא) basically meaning "to miss the mark, to... 2736780fca The timing of menarche is influenced by female biology, as well as genetic, environmental factors, and nutritional factors. The mean age of menarche has declined over the last century, but the magnitude of the decline and the factors responsible remain subjects of contention. The worldwide average age of menarche is very difficult to estimate accurately, and it varies significantly by geographical region, race, ethnicity and other characteristics, and occurs mostly during a span of ages from 8 to 16, with a small percentage of girls having menarche by age 10, and the vast majority having it by the time they were 14. 2736780fca A presumed diagnosis can be made based on symptoms and medical imaging; laparoscopy... 2736780fca In addition to these understandings, the lack of period products and resources that are limited... 2736780fca

Sin offering The ritual of the A sin offering (Hebrew: קָרְבַּן חַטָּאת, korban ḥatat, IPA: [χa'tat], lit: "purification offering") is a sacrificial offering described and commanded in the Torah (Lev. 4. 1-35); it could be fine flour or a proper animal. niddah (temporary marital separation due to menstruation) or recovery from zavah (abnormal bodily discharges), a dove or young pigeon. A

sin offering also occurs in 2 Chronicles 29:21 where seven bulls, seven rams, seven lambs and seven he-goats were sacrificed on the command of King Hezekiah for the kingdom, for the sanctuary, and for Judah 2736780fca

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