

High Diastolic Blood Pressure

Systolic vs. Diastolic: Blood Pressure 101 - Systolic vs. Diastolic: Blood Pressure 101 by Dr James Gill 161,455 views 3 years ago 45 seconds - play Short - These are the basics of **blood pressure**, measurement and explain the difference between **systolic**, and **diastolic**, readings. For a full ... 5b84cc5e61 High Diastolic Blood Pressure in Middle age Cause Treatment #shorts - High Diastolic Blood Pressure in Middle age Cause Treatment #shorts by Dr Aurangzeb Afzal Health TV 145,628 views 5 years ago 43 seconds - play Short - Watch Full Video: <https://youtu.be/OQryW4bBYX0> □ BOOK AN APPOINTMENT: +92 332 4417 889 □ ABOUT ME ▶ Dr. 5b84cc5e61 What does it mean when you have a high diastolic and a low systolic blood pressure and you are - What does it mean when you have a high diastolic and a low systolic blood pressure and you are by Dr Alo 2,395 views 1 year ago 47 seconds - play Short 5b84cc5e61 What Is Isolated Diastolic Hypertension? (And Should You Worry?) | High Diastolic Blood Pressure - What Is Isolated Diastolic Hypertension? (And Should You Worry?) | High Diastolic Blood Pressure 5 minutes, 31 seconds - When you get your **blood pressure**, checked, you get two numbers. You might hear the doctor say something like, "120 over 80. 5b84cc5e61 Reduce Your Stress 5b84cc5e61 Q. If the diastolic value represents the pressure when the heart is relaxed, why is it not 0mmHg? - Q. If the diastolic value represents the pressure when the heart is relaxed, why is it not 0mmHg? by Dr Matt \u0026 Dr Mike 48,807 views 3 years ago 41 seconds - play Short 5b84cc5e61 Subtitles and closed captions 5b84cc5e61 The bottom number doctors glance past 5b84cc5e61 The diastolic range that signals rising risk 5b84cc5e61 Start Taking Natural Supplements 5b84cc5e61 The DANGERS Of Diastolic Hypertension 5b84cc5e61 The tracking mistake that makes your readings lie 5b84cc5e61 Start Eating Berries 5b84cc5e61 Complications of systolic high blood pressure 5b84cc5e61 Which Blood Pressure Reading Is More Important? Systolic Vs Diastolic - Which Blood Pressure Reading Is More Important? Systolic Vs Diastolic 4 minutes, 42 seconds - In this video, I discuss the significance of **systolic**, and **diastolic blood pressure**, as tools for determining the risk of developing heart ... 5b84cc5e61 High Blood Pressure Diagnosis | NUCLEUS Medical Media - High Blood Pressure Diagnosis | NUCLEUS Medical Media 1 minute, 19 seconds 5b84cc5e61 Examples of systolic vs diastolic blood pressure 5b84cc5e61 How High Is TOO High for Blood Pressure? - How High Is TOO High for Blood Pressure? 9 minutes, 39 seconds 5b84cc5e61 Systolic vs. Diastolic: Blood Pressure 101 - Systolic vs. Diastolic: Blood Pressure 101 by Dr James Gill 161,455 views 3 years ago 45 seconds - play Short 5b84cc5e61 Search filters 5b84cc5e61 Reduced Drinking Alcohol 5b84cc5e61 Abnormal blood pressure levels 5b84cc5e61 Isolated Diastolic Hypertension - Isolated Diastolic Hypertension 5 minutes, 58 seconds - A patient recently contacted me for some advice. Over the past few weeks, whenever he had his **blood pressure**, measured by his ... 5b84cc5e61 Introduction 5b84cc5e61 What Do The Top and Bottom Numbers Mean? 5b84cc5e61 Stop Smoking 5b84cc5e61 Lower Blood Pressure NATURALLY: Doctor Explains - Lower Blood Pressure NATURALLY: Doctor Explains 8 minutes, 43 seconds 5b84cc5e61 What We Used to Think About BP 5b84cc5e61 Which blood pressure reading is more important? Systolic vs diastolic number! - Which blood pressure reading is more important? Systolic vs diastolic number! 5 minutes, 31 seconds - This video examines the question which **blood pressure**, reading is more important, the **systolic**, vs **diastolic**, number.It examines ... 5b84cc5e61 Reduce Eating Sugar 5b84cc5e61 How High Is Too High For Blood Pressure? Cardiologist Explains - How High Is Too High For Blood Pressure? Cardiologist Explains 5 minutes, 36 seconds 5b84cc5e61 The exact questions to ask at your next visit 5b84cc5e61 The DANGERS Of Systolic Hypertension 5b84cc5e61 Playback 5b84cc5e61 Spherical Videos 5b84cc5e61 Which Blood Pressure Number is More DANGEROUS? (Systolic vs. Diastolic) - Which Blood Pressure Number is More DANGEROUS? (Systolic vs. Diastolic) 6 minutes, 14 seconds 5b84cc5e61 Start Eating More Potassium 5b84cc5e61 Keyboard shortcuts 5b84cc5e61 The 3 people the standard target is wrong for 5b84cc5e61 Does diastolic blood pressure matter? #shorts - Does diastolic blood pressure matter? #shorts by Leslie B 7,822 views 1 year ago 1 minute, 7 seconds - play Short - Hypertension is a **systolic blood pressure**, of above 130 OR a **diastolic blood pressure**, of above 80. It's important to

monitor both ... 12 Ways to Lower Your Diastolic Blood Pressure Naturally - 12 Ways to Lower Your Diastolic Blood Pressure Naturally 10 minutes, 41 seconds - FREE EBOOK titled, \"101 FOODS TO LOWER YOUR **HIGH BLOOD PRESSURE**,\" Just go to <https://www.> Eat Less Sodium Intro The 60-second kitchen-table test under \$40 The 1 Blood Pressure Number That Predicts Stroke (Seniors Over 60) - The 1 Blood Pressure Number That Predicts Stroke (Seniors Over 60) 30 minutes - Check your bottom number — not the top one. The **diastolic**, reading most doctors skip is the single most accurate stroke predictor ... Normal blood pressure levels Diastolic Blood Pressure - Diastolic Blood Pressure 1 minute, 20 seconds - Health terms can be complicated, but Blue Cross and Blue Shield of Kansas City can help break them down for you. **Systolic**, and ... Start Losing Weight What is a normal range for systolic and diastolic blood pressure? - What is a normal range for systolic and diastolic blood pressure? 1 minute, 7 seconds What is a normal range for systolic and diastolic blood pressure? - What is a normal range for systolic and diastolic blood pressure? 1 minute, 7 seconds - Dr. Tom Robey, Emergency Medicine Physician, explains all about **systolic**, and **diastolic**, phases of the heart. Watch along to find ... Causes of systolic and diastolic high blood pressure Reduce Your Caffeine What Most People MISS About High Blood Pressure!! Why \"your pressure is fine\" can be a lie Q. If the diastolic value represents the pressure when the heart is relaxed, why is it not 0mmHg? - Q. If the diastolic value represents the pressure when the heart is relaxed, why is it not 0mmHg? by Dr Matt Dr Mike 48,807 views 3 years ago 41 seconds - play Short - I've got another question for you about **blood pressure**, so when measuring **blood pressure**, you get two values the **systolic**, value ... Intro Don't ignore diastolic blood pressure - Don't ignore diastolic blood pressure 1 minute, 18 seconds - A new study advises that patients do not let **diastolic blood pressure**, (the bottom number) drop below 70 mm Hg, and particularly ... Dr.ETV - Define blood pressure systolic pressure and diastolic pressure - 1st April 2016 - Dr.ETV - Define blood pressure systolic pressure and diastolic pressure - 1st April 2016 1 minute, 20 seconds - Dr.ETV - Define **blood pressure systolic**, pressure and **diastolic**, pressure - 1st April 2016 - BP Viewers' ... How High Is Too High For Blood Pressure? Cardiologist Explains - How High Is Too High For Blood Pressure? Cardiologist Explains 5 minutes, 36 seconds - The surgeons would once again like to thank Dr. Heffernan for sharing his knowledge on the topic of **high blood pressure**,. Eleanor's chart looked clean — until it didn't High Diastolic BP — Should You Worry if Only the Lower Number Is High? #diastolicbp - High Diastolic BP — Should You Worry if Only the Lower Number Is High? #diastolicbp by HG Cardiowise 100,656 views 10 months ago 1 minute, 18 seconds - play Short - Many patients ask: “Doctor, my upper number is fine, but the lower one is **high**,. Should I worry?” In this short, Dr. Ameya Amonkar ... Why a low reading can be more dangerous than high Which Blood Pressure Number is More DANGEROUS? (Systolic vs. Diastolic) - Which Blood Pressure Number is More DANGEROUS? (Systolic vs. Diastolic) 7 minutes, 28 seconds - Get The **Blood Pressure**, Numbers Guide for FREE here: <https://subscribepage.io/bp-numbers-guide> Get my FREE guide to the ... The Dash Diet What if your bottom number on your blood pressure is high? Bit top number is normal? #diastolic - What if your bottom number on your blood pressure is high? Bit top number is normal? #diastolic by Dr Alo 5,500 views 1 year ago 46 seconds - play Short Cardiovascular | Fundamentals of Blood Pressure - Cardiovascular | Fundamentals of Blood Pressure 40 minutes - Premium Notes Illustrations for Fundamentals of **Blood Pressure**,: ... Exercise Intro How to Lower Your Diastolic Blood Pressure Naturally and Effectively - How to Lower Your Diastolic Blood Pressure Naturally and Effectively 4 minutes, 6 seconds - Struggling with **high diastolic blood pressure**,? This comprehensive video explains exactly how to lower your diastolic blood ... Summary/FREE PDF! General Systolic vs Diastolic Blood Pressure: Which One Is More Important? - Systolic vs Diastolic Blood Pressure: Which One Is More Important? 12 minutes, 6 seconds - Today I'm going to answer the question, of **systolic**, vs **diastolic blood pressure**,. Which one is more important? We know that **high**, ...

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