

Borg Rate Of Perceived Exertion Scale

Support Comments from Pbsouthwood[edit] 82573c2702

Rating of perceived exertion rating of perceived exertion (RPE), as measured by the Borg rating of perceived exertion scale, is a quantitative measure of perceived exertion during In sports, health, and exercise testing, the rating of perceived exertion (RPE), as measured by the Borg rating of perceived exertion scale, is a quantitative measure of perceived exertion during physical activity 82573c2702

Likert distinguished between a scale proper, which emerges from collective responses to a set of items (usually eight or more), and the format in which responses are scored along a range. Technically speaking, a Likert scale refers only to the former. The difference between these two concepts has to do with the distinction Likert made between the underlying phenomenon being investigated and the means of capturing variation that points to the underlying phenomenon. 82573c2702

United Kingdom labour law In enterprises with over 50 staff, workers must be negotiated with, with a view to agreement on any contract or workplace organisation changes, major economic developments or difficulties. In some enterprises, such as universities or NHS foundation trusts, staff can vote for the directors of the organisation. The UK Corporate. This includes the right to a minimum wage of £12. The Working Time Regulations 1998 give the right to 28 days paid holidays, breaks from work, and attempt to limit long working hours. People at work in the UK have a minimum set of employment rights, from Acts of Parliament, Regulations, common law and equity. Workers must be able to vote for trustees of their occupational pensions under the Pensions Act 2004. advantages, which others inherit without exertion and independently of desert. 71 for over-21-year-olds from April 2026 under the National Minimum Wage Act 1998. That this is an evil equal to almost any of those against which mankind have hitherto United Kingdom labour law regulates the relations between workers, employers and trade unions. The Employment Rights Act 1996 gives the right to leave for child care, and the right to request flexible working patterns. The Pensions Act 2008 gives the right to be automatically

enrolled in a basic occupational pension, whose funds must be protected according to the Pensions Act 1995 82573c2702

Wikipedia:Featured article candidates/Featured log/September 2017 Boxmakers as striking for uniform rates, not prices. No further edits should be made to this page. I don't know whether prices would be a recognised term for pay scales in the US, but it does not look like it. The following is an archived discussion of a featured article nomination. Subsequent comments should be made on the article's talk page or in Wikipedia talk:Featured article candidates. Please do not modify it 82573c2702

Terrain and maneuver 82573c2702 In medicine, this is used to document the patient's exertion during a test for the severity of various diseases. Sports coaches use the scale to assess the intensity of training and competition as well as endurance. The original scale, introduced by Gunnar Borg in the 1960's, rated exertion on a scale of 6-20. Around 1982, a newer category-ratio scale, the Borg CR-10 scale was published. It used a scale from 0-11+. Unfortunately, for research and statistical analysis, the ratings greater than 10 are often times deleted. 82573c2702 I read through again, and now understand that the battle was fought on the plateau, which had an altitude ranging from 120 to 244m, so the variation of altitude on the battlefield was not more than 124m and may have been less?

- • • Peter (Southwood) : 11:12, 13 August 2017 (UTC)reply 82573c2702 When responding to a Likert item, respondents specify their level of agreement or disagreement on a symmetric agree-disagree scale for a series of statements. Thus, the range captures the intensity of their feelings for a given item. 82573c2702 For your consideration, this article is about a crucial battle in the Seven Years' War. About 1000 infantry and the Prussian cavalry of Frederick the Great's army routed the combined French and Reichsarmee forces during a 90 minute battle. It was critical in forcing France out of its support of Austria's strategic goals. As always, I appreciate your ideas and suggestions. As usual, I've used what Ealdgyth considers a funky annotation system. It's what I know and have used since 2009.

auntieruth (talk) 14:29, 9 August 2017 (UTC)reply 82573c2702 As I've stated in the text, there were no steep hill sides. The entire region is rolling hills--none of them higher than 120 feet above the general altitude of the region. It's all relatively flat. I've tried adjusting the text, and moved the images of the terrain into that section. auntieruth (talk) 14:19, 15 August 2017 (UTC)reply 82573c2702

Wikipedia:Articles for deletion/Log/2006 May 2 discussion statements, and that's for sure YOUR achievement of YOUR big, personal exertion during your literature search, Thank you very much for your 82573c2702

Nominator(s): auntieruth (talk) 14:29, 9 August 2017 (UTC)reply 82573c2702

Likert scale It is the most widely used approach to scaling responses in survey research, such that the term (or more fully the Likert-type scale) is often used interchangeably with rating scale, although there are other types of rating scales. pronounce the name of the scale as /'laɪkərt/ LY-kərt. Borg scale – Scale of perceived exertion Bogardus social distance scale – Scale measuring a person's A Likert scale (LIK-ərt,) is a psychometric scale named after its inventor, American social psychologist Rensis Likert, which is commonly used in research questionnaires 82573c2702

What is the relevance of the plateau elevation? Is this the elevation above the general altitude of the lower lying areas, which would have obvious military relevance, or above sea level, which would not? • • Peter (Southwood) : 09:31, 12 August 2017 (UTC)reply 82573c2702 general relevance to the type of terrain -- a rolling plateau--. It measures above sea level, of course, but within that there was very little elevation change. This influenced how the battle was fought, obviously. No hill was higher than 120 meters (390 ft), which influenced how and where troops could move, and how visible they were from the highest observation points (usually the church towers, sometimes well-placed manor houses). auntieruth (talk) 15:43, 12 August 2017 (UTC)reply 82573c2702 It would be better to explicitly state whether the battle was on the plateau. The map does not clearly show steep sides to the valley, but suggests fairly steep hillsides, which is not supported by the text or photos. I am not getting a clear impression of the terrain where the actual fighting took place. • • • Peter (Southwood) : 06:48, 15 August 2017 (UTC)reply 82573c2702 Exertion often results in force generated, a contributing dynamic of general motion. In mechanics it describes the use of force against a body in the direction of its motion (see vector). 82573c2702 ok, thanksw for re reading....is the article clearer now? auntieruth (talk) 23:37, 13 August 2017 (UTC)reply 82573c2702 Sorry to nitpick like this. The section now reads more clearly, but I remain uncertain whether the elevation of the plateau is between 120 and 244m, or lower than this with peaks up to 120 to 244m above the base altitude of

the plateau. (which is more than 120 feet as stated above) If I understand correctly, the 120 feet is a typo, and the altitude of the plateau including its rolling hills is between 120 and 244m. I made and reverted an edit which would clarify this point if I got it right. • • • Peter (Southwood) : 05:42, 16 August 2017 (UTC)reply 82573c2702 A Likert scale can be scored as the simple sum or average of its constituent Likert item scores... 82573c2702 Borg stated that the CR10 scale was desirable for clinical diagnosis and severity assessment of breathlessness and dyspnea, chest pain, angina and musculo-skeletal pain. It has been described as being better suited when there is an overriding sensation arising either from a specific area of the body rather than overall exertion, for example, muscle pain, ache or fatigue in the quadriceps or from pulmonary responses during exertion, eg the "Modified... 82573c2702 (on general intelligibility to a lay reader} 82573c2702

Wikipedia:Featured article candidates/Archived nominations/April 2006 when they dial by hand it takes ages and Teal'c puts on a funny face of exertion, whereas dialing by remote Jumper DHD takes on average about 2 seconds 82573c2702

In physics, exertion is the expenditure of energy against, or inductive of, inertia as described by Isaac Newton's third law of motion. In physics, force exerted equivocates work done. The ability to do work can be either positive or negative depending on the direction of exertion relative to gravity. For example, a force exerted upwards, like lifting an object, creates positive work done on that object. 82573c2702

Exertion Intensity: Perceived Exertion (Borg Rating of Perceived Exertion Scale) RPE-scale (2nd) First principle of mechanics Exertion interfaces allowing exertion by Exertion is the physical or perceived use of energy. It often relates to muscular activity and can be quantified, empirically and by measurable metabolic response. Exertion traditionally connotes a strenuous or costly effort, resulting in generation of force, initiation of motion, or in the performance of work 82573c2702

The article was promoted by Sarastro1 via FACBot (talk) 22:31, 30 September 2017 [1]. 82573c2702 The elevation of Rossbach is 104 meters (341 ft). Braunsbedra and Reichertswerben are the two closest villages and they are, respectively, altitudes above sea level of: 120 meters (394 ft) and 131 meters (430 ft). The site of the battle field is rolling hills and plains between 120–244,

mostly between Braunsbedra,... 82573c2702 Battle of Rossbach[edit] 82573c2702 Is the elevation of the low-lying areas known? the relative elevation would be far more relevant to tactics. • • • Peter (Southwood) : 11:03, 13 August 2017 (UTC)reply 82573c2702 == Physical == 82573c2702

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https://ftp.spruitsportcoaching.nl/_u/ebook/link?TEXT=atf__what-does-it__stand_for
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