

Can Constipation Cause Weight Gain

The diet carries several serious medical risks and is not effective in achieving long-term weight loss. 4be906ca02

Fibrosing colonopathy Clinical symptoms of fibrosing colonopathy can be similar to those of intestinal obstruction and include constipation or diarrhea, abdominal pain, hematochezia Fibrosing colonopathy is a disease that arises in people with cystic fibrosis treated with high doses of pancreatic enzyme supplements. Symptoms are non-specific with abdominal pain, abdominal swelling, vomiting, and constipation 4be906ca02

Prenatal nutrition This is a rather critical time for healthy development since infants rely heavily on maternal stores and nutrients for optimal growth and health outcome later in life. Nutrition and weight management before and during pregnancy has a profound effect on the development of infants. It Prenatal nutrition addresses nutrient recommendations before and during pregnancy. and constipation. Limiting the consumption of food and beverages high in sugar, sodium, and calories can help pregnant women maintain a healthy weight 4be906ca02

Individuals with anorexia nervosa have a fear of gaining weight, despite the fact that they are typically underweight. The DSM-5 describes this perceptual symptom as "disturbance in the way in which one's body weight or shape is experienced". Recent research has shown that this disturbance is based not on visual body-size overestimation but rather on body dissatisfaction: individuals with anorexia can accurately visually identify their body size, but find severely underweight bodies the most attractive. Individuals with anorexia nervosa may also deny that their symptoms or behaviors are indicative of illness. They may weigh themselves frequently, eat small amounts, and only eat certain foods in order to be in as much control of their body appearance as possible. Some patients with anorexia nervosa binge eat and purge to further influence their weight or shape. Purging can manifest... 4be906ca02 **Prenatal nutrition** has a strong influence on birth weight and further development of the infant. A study at the National Institution of Health found that babies born from an obese mother have a higher probability to fail tests of fine motor skills which is the movement of small muscles such as the hands and fingers. 4be906ca02

Abdominal distension The pressure sensation is often relieved, or at least lessened, by belching or flatulence. It is

typically a symptom of an underlying disease or dysfunction in the body, rather than an illness in its own right. As an underlying disease cause: Constipation Lactose Abdominal distension occurs when substances, such as air (gas) or fluid, accumulate in the abdomen causing its expansion. Affected people often experience a sensation of fullness, abdominal pressure, and sometimes nausea, pain, or cramping. Through a variety of causes (see below), bloating is most commonly due to a build up of gas in the stomach, small intestine, or colon. People with this condition often describe it as "feeling bloated". Medications that settle gas in the stomach and intestines are also commonly used to treat the discomfort and lessen the abdominal distension. In the most extreme cases, upward pressure on the diaphragm and lungs can also cause shortness of breath. common causes of abdominal distension classified as an underlying cause and as a secondary disease 4be906ca02

== Signs and symptoms == 4be906ca02 False pregnancy has a prominent psychiatric component as well as physical manifestations of pregnancy. It can be caused by trauma (either physical or mental), a chemical imbalance of hormones, and some medical conditions. Contributing psychological factors include a strong desire for pregnancy or misinterpretation of objective bodily sensations. Although rare, men can experience false pregnancy symptoms, called Couvade syndrome or "sympathetic pregnancy", which can occur when their partner is pregnant and dealing with pregnancy symptoms. Psychotherapy, pharmacotherapy with antidepressants or antipsychotics, hormonal therapy, and uterine curettage are sometimes... 4be906ca02 Hashimoto's thyroiditis is an autoimmune disease where the body creates thyroid antibodies. It presents with hypothyroidism due to the destruction of thyroid cells. In Hashimoto's thyroiditis, the hypothyroidism is most often permanent, with symptoms including fatigue, weight gain, depression, dry skin, and constipation. Thyroid hormone replacement is the treatment of hypothyroidism. 4be906ca02 One of the causes of abnormal bloating is excessive eating and air swallowing, known as aerophagia. Other causes of bloating and distension include inflammatory bowel diseases such as Crohn's disease and ulcerative colitis, irritable bowel syndrome, diabetes, functional dyspepsia, or transient... 4be906ca02 Clinical symptoms of fibrosing colonopathy can be similar to those of intestinal obstruction and include constipation or diarrhea, abdominal pain, hematochezia, vomiting, nausea, and poor weight gain. 4be906ca02

False pregnancy Examination, ultrasound, and pregnancy tests can be used to rule out false pregnancy. A buildup in fat around the abdominal cavity, heavy constipation, habitual lordosis, and other causes may produce False pregnancy (or pseudocyesis, from Ancient Greek pseudēs 'false' and kyesis 'pregnancy') is the appearance of clinical or subclinical signs and symptoms associated with pregnancy although the individual is not physically carrying a fetus. The mistaken impression that one is pregnant includes signs and symptoms such as tender breasts with secretions, abdominal growth, delayed menstrual periods, and subjective feelings of a moving fetus. and several causes have been proposed 4be906ca02

The most documented symptoms of nicotine withdrawal are cravings for nicotine, anger or irritability, anxiety, depression,

impatience, trouble sleeping, restlessness, hunger, and difficulty concentrating. Symptoms are usually strongest for the first few days and then dissipate over 2–4 weeks. The most common symptoms are irritability, anxiety, and difficulty concentrating, while depression and insomnia are the least common. Other withdrawal symptoms may include anhedonia, constipation,... 4be906ca02

Thyroiditis Thyroid hormone replacement is the treatment of Thyroiditis is the inflammation of the thyroid gland. often permanent, with symptoms including fatigue, weight gain, depression, dry skin, and constipation. The thyroid gland is located on the front of the neck below the laryngeal prominence, and makes hormones that control metabolism 4be906ca02

== Types == 4be906ca02 == Causes == 4be906ca02 Lactulose was first made in 1929, and has been used medically since the 1950s. Lactulose is made from the milk sugar lactose, which is composed of two simple sugars, galactose and glucose. It is on the World Health Organization's List of Essential Medicines. It is available as a generic medication. In 2023, it was the 266th most commonly prescribed medication in the United States, with more than 900,000 prescriptions. 4be906ca02 Risk factors include being young, prior surgery of the intestines, and the use of certain medications including corticosteroids and H2 blockers. It may appear similar to distal intestinal obstruction syndrome or inflammatory colitis such as Crohn's disease. 4be906ca02

KE diet The dieter does not eat anything while on the diet. weight via the KE diet are at risk of weight gain and binge eating once the diet ceases. It has also been called the "Feeding Tube" diet in the United States. The reported side effects of the diet include constipation, KE diet, also known as feeding tube diet, is a fad diet in which an individual is fed a proprietary mixture through a feeding tube for a specific number of days 4be906ca02

== Medical uses == 4be906ca02 == Background == 4be906ca02

Nicotine withdrawal Withdrawal symptoms make it harder to quit nicotine products, and many smoking cessation methods aim to reduce these symptoms. Symptoms include intense cravings for nicotine, anger or irritability, anxiety, depression, impatience, trouble sleeping, restlessness, hunger, weight gain, and difficulty concentrating. Nicotine withdrawal is recognized in both the American Psychiatric Association Diagnostic and Statistical Manual (DSM) and the WHO International Classification of Diseases (ICD). anxiety, depression, impatience, trouble sleeping, restlessness, hunger, weight gain, and difficulty concentrating. Smoking cessation programs can help increase the chances of success. Withdrawal symptoms make it harder to Nicotine withdrawal is a group of symptoms that occur in the first few weeks after stopping or decreasing use of nicotine 4be906ca02

Candida albicans is a fungus that colonizes a large majority of the population (meaning it is present in the body but not causing an infection or any problems). Under certain conditions, however, it can cause an infection. The most common manifestations are thrush (a superficial Candida infection in the mouth) and vaginitis, also commonly referred to as a yeast infection. Several Candida species can also cause a serious infection known as invasive candidiasis, which can be systemic if blood borne (candidaemia). This is almost always restricted to those with compromised immune systems, such as patients undergoing chemotherapy or with advanced AIDS, or undergoing medical treatments. 4be906ca02 == Nature of the diet == 4be906ca02

Anorexia These characteristics often mean individuals undergo severe malnutrition as a result of the disorder. These characteristics often Anorexia nervosa (AN), commonly referred to as anorexia, is an eating disorder characterized by predominant food restriction, body image disturbance, fear of gaining weight, and an overwhelming desire to be thin. characterized by predominant food restriction, body image disturbance, fear of gaining weight, and an overwhelming desire to be thin 4be906ca02

Silent thyroiditis or painless thyroiditis, also called subacute lymphocytic thyroiditis, is a form of subacute thyroiditis with a self-limiting course of temporary hyperthyroidism followed by temporary hypothyroidism before return to normal thyroid function... 4be906ca02 In the KE diet, a feeding tube is inserted through the nose of an individual down their oesophagus. At the other end of the tube is an electric pump. The only nourishment the patient receives is KE diet powder – an infusion of proteins, fats and micronutrients with no carbohydrates – mixed with water through the feeding tube. The patient only takes in about 800 calories a day, but the infusion is constant and the absence of carbohydrates curbs hunger. The dieter does not need hospitalization but requires doctor supervision and can carry the pump and liquid with them. The pump can be removed for up to one hour a day. While on the diet, the individual cannot eat anything and may only drink water, tea, coffee (with no milk, sugar or sweeteners) or sugar-free herb teas with the tube... 4be906ca02

Candida hypersensitivity common disorders and non-specific symptoms including fatigue, weight gain, constipation, dizziness, muscle and joint pain, asthma, and others. It is spuriously claimed that chronic yeast infections are responsible for many common disorders and non-specific symptoms including fatigue, weight gain, constipation, dizziness, muscle and joint pain, asthma, and others. D. Candida Candida hypersensitivity is a pseudoscientific syndrome promoted by William G. Crook, M 4be906ca02

Lactulose Ingestion of lactulose does not cause a weight gain because Lactulose is a non-absorbable sugar used in the treatment of constipation and hepatic encephalopathy. It generally begins working after 8–12 hours, but may take up to 2 days

to improve constipation. dosage can result in dehydration and electrolyte disturbances such as low magnesium levels. It is administered orally for constipation, and either orally or rectally for hepatic encephalopathy 4be906ca02

A common saying that a woman "is eating for two" while pregnant implies that a mother should consume twice as much during pregnancy, but is misleading. Although maternal consumption will directly affect both herself and the growing fetus, overeating excessively will compromise the baby's health as the infant will have to work extra hard to become healthy in the future. Compared with the infant, the mother possesses the least biological risk. Therefore, excessive calories, rather than going to the infant, often get... 4be906ca02 A maximum dose of 10,000 IU of lipase per kilogram per day is recommended for pancreatic enzyme supplementation to prevent this condition. More than 60 cases have been described as of 1999. The disease was suggested to be caused by methacrylic acid copolymer which is used as coating for delayed release of enzymes but there is no reliable evidence for that. 4be906ca02 Thyroiditis is a group of disorders that all cause thyroidal inflammation. Signs, symptoms, diagnosis, and treatment depend on the cause of thyroiditis. Forms of thyroiditis are Hashimoto's thyroiditis, postpartum thyroiditis, subacute (de Quervain's) thyroiditis, silent thyroiditis, drug-induced thyroiditis, radiation-induced thyroiditis and acute thyroiditis. 4be906ca02 == Signs and symptoms == 4be906ca02 Common side effects include abdominal bloating and cramps. A potential exists for electrolyte problems as a result of the diarrhea it produces. No evidence of harm to the fetus has been found when used during pregnancy. It is generally regarded as safe during breastfeeding. It is classified as an osmotic laxative. 4be906ca02

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