

Left Side Back Pain

"King of Pain" was released as the second single in the US and the fourth single in the UK, taken from their fifth and final album, Synchronicity... 11be164ecd == Etymology == 11be164ecd

Chest pain Chest pain may also radiate, or move, to several other areas of the body. Associated symptoms may include pain in the shoulder, arm, upper abdomen, or jaw, along with nausea, sweating, or shortness of breath. Pain due to insufficient blood flow to the heart is also called angina pectoris. It may be described as sharp, dull, pressure, heaviness or squeezing. This may include the neck, left or right arms, cervical spine, back, and upper Chest pain is pain or discomfort in the chest, typically the front of the chest. It can be divided into heart-related and non-heart-related pain. Those with diabetes or the elderly may have less clear symptoms 11be164ecd

Serious and relatively common causes include acute coronary syndrome such as a heart attack (31%), pulmonary embolism (2%), pneumothorax, pericarditis (4%), aortic dissection (1%) and esophageal rupture. Other common causes include gastroesophageal reflux disease (30%), muscle or skeletal pain (28%), pneumonia (2%), shingles (0.5%), pleuritis, traumatic and anxiety disorders. Determining the cause of chest pain is based on a person's medical history, a physical exam and other medical tests. About 3% of heart attacks, however, are initially missed. 11be164ecd Definitions of pain vary, but most involve the ability of the nervous system to detect and reflexively react to harmful stimuli by avoiding it, and the ability to subjectively experience suffering. Suffering cannot be directly measured in other animals. Responses to putatively painful stimuli can be measured, but not the experience itself. To address this problem when assessing the capacity of other species to experience pain, argument by analogy is sometimes used. 11be164ecd The song received acclaim from music critics, many of whom praised Sting's lyrics and cited the song as a highlight from Synchronicity. It reached No. 3 in the US Billboard Hot 100 chart in October 1983, and No. 1 on the Billboard Top Tracks chart for five weeks in August 1983. In the United Kingdom, it reached No. 17 in January 1984, becoming the band's last UK Top 20 hit. 11be164ecd Multiple artists have covered "King of Pain". Canadian singer-songwriter Alanis Morissette covered the track for her MTV Unplugged album (1999) and released it as the second single from the album. 11be164ecd

Middle back pain The upper spine is very strong and stable to support the weight of the upper body, as well as to anchor the rib cage which provides a cavity to allow the heart and lungs to function and protect them. Middle back pain, also known as thoracic back pain, is back pain that is felt in the region of the thoracic vertebrae, which are between the bottom of Middle back pain, also known as thoracic back pain, is back pain that is felt in the region of the thoracic vertebrae, which are between the bottom of the neck and top of the lumbar spine. It has a few potential causes, ranging from muscle strain to collapse of a vertebra or rare serious diseases 11be164ecd

The quadratus lumborum muscles originate from the wings of the ilium; their insertions are on the transverse processes of the upper four lumbar vertebrae plus the lower posterior border of the twelfth rib. Contraction of one of the pair of muscles causes lateral flexion of the lumbar spine, elevation of the pelvis, or both. Contraction of both causes extension of the lumbar spine. 11be164ecd The album includes four successful singles, released in 1962 and 1963: "These Arms of Mine", "That's What My Heart Needs", "Security", and the title track. Since Billboard did not publish an R&B singles chart from late 1963 to early 1965, the R&B chart peaks of the latter two singles are unknown. 11be164ecd

Pain of Salvation Pain of Salvation is a Swedish progressive metal band led by Daniel Gildenl w, who is the band's main songwriter, lyricist, guitarist, and vocalist. Thus far, every album released by the band has been a concept album. Pain of Salvation's sound is characterised by riff-oriented guitar work, a broad vocal range, oscillation between heavy and calm passages, complex vocal harmonies and the structures of their albums, syncopation, and polyrhythms. Lyrically, the band tends to address contemporary issues, such as sexuality, war, the environment, and the nature of God, humanity, and existence. Pain Pain of Salvation is a Swedish progressive metal band led by Daniel Gildenl w, who is the band's main songwriter, lyricist, guitarist, and vocalist 11be164ecd

== Signs and symptoms == 11be164ecd As a member of the Pat T. Cake and the Mighty Panthers, Redding toured in the Southern United States, mostly on the Chitlin' Circuit, a string of nightclubs and dance halls hospitable to African-American musicians when racial segregation of performance venues was prevalent. Guitarist Johnny Jenkins, who helped Redding win a talent contest at the Hillview Springs Social Club 15 times in row and also at the talent show "The Teenage Party", left the band to become a featured artist with the Pinetoppers... 11be164ecd Simple over-the-counter pain medications are useful in 20% to 70% of cases of common acute... 11be164ecd == Structure == 11be164ecd A disorder of the quadratus lumborum muscles is pain due to muscle fatigue from constant contraction due to prolonged sitting, such as at a computer or in a car. Kyphosis and weak gluteal muscles can also contribute to the likelihood of quadratus lumborum pain. 11be164ecd

Persistent spinal pain syndrome [citation needed] Common symptoms of failed back surgery syndrome include diffuse, dull, and aching pain in the back or legs, often accompanied by abnormal Persistent spinal pain syndrome (PSPS) is a pain disorder characterized by chronic pain originating in the spine. PSPS is categorized into two primary types: 11be164ecd

Pain is the most common reason for physician consultation in most developed countries. It is a major symptom in many medical conditions, and can interfere with a person's quality of life and general functioning. People in pain experience impaired concentration, working memory, mental flexibility, problem-solving and information processing speed, and are more likely to experience irritability, depression, and anxiety. 11be164ecd In most cases, the pain is likely to be self-limiting; in that case no diagnostic tests are required, and simple pain relief is sufficient. More severe and prolonged cases may require more specific pain management strategies and occasionally investigations for underlying medical diseases. 11be164ecd The thoracic spine begins at the base of the neck and extends to the middle of the trunk. Any pain in this area is considered "middle back pain". 11be164ecd The exact symptoms associated with middle back pain will depend upon the underlying cause. Most middle back pain is not serious in nature. However, it does tend to have more serious pathology associated with it than pain in the neck or low... 11be164ecd The name "Pain of Salvation" was devised by Daniel Gildenl w, who interpreted the name as having "the meaning of

balance. Taking the good with the bad. It is also a good expression in everyday use: when something does not go the way you planned, [the phrase 'pain of salvation'] indicates that this is just a slight setback on an otherwise painless journey towards your goal". Pain motivates animals to withdraw from damaging situations, to protect a damaged body part while it heals, and to avoid similar experiences in the future. Most pain resolves once the noxious stimulus is removed and the body has healed, but it may persist despite removal of the stimulus and apparent healing of the body. Sometimes pain arises in the absence of any detectable stimulus, damage or disease.

Referred pain Referred pain has been described since the late 1880s. An example is the case of angina pectoris brought on by a myocardial infarction (heart attack), where pain is often felt in the left side of the neck, left shoulder, and back rather than in the thorax (chest), the site of the injury. The International Association for the Study of Pain has not officially defined the term; hence, several authors have defined it differently. Despite an increasing amount of literature on the subject, the biological mechanism of referred pain is unknown, although there are several hypotheses. myocardial infarction (heart attack), where pain is often felt in the left side of the neck, left shoulder, and back rather than in the thorax (chest), the Referred pain, also called reflective pain, is pain perceived at a location other than the site of the painful stimulus

PSPS type 2 replaces the older term failed back surgery syndrome (FBSS), which is now considered medically inadequate and potentially pejorative. While 'post-laminectomy syndrome' is still used by some clinicians, PSPS is the preferred label under ICD-11. Many factors can contribute to the onset or development of FBSS, including residual or recurrent spinal disc herniation, persistent post-operative pressure on a spinal nerve, altered joint mobility, joint hypermobility with instability, scar tissue (fibrosis), depression, anxiety, sleeplessness, spinal muscular deconditioning, and Cutibacterium acnes infection. An individual may be predisposed to the development of FBSS by comorbid systemic diseases, including diabetes, autoimmune diseases, and peripheral vascular disease.

== Biography ==

King of Pain Written by the band's lead singer and bassist Sting as a post-separation song from his wife, "King of Pain" conjures up symbols of pain and relates them to a man's soul. "King of Pain" is a song by the British rock band the Police, released as the second single from their fifth and final album Synchronicity (1983). Written "King of Pain" is a song by the British rock band the Police, released as the second single from their fifth and final album Synchronicity (1983). A&M Records released "King of Pain" as the album's fourth single in the UK, while in many other countries it was released as the second single

Type 2 (PSPS-T2): Spinal pain following one or more surgeries. Radiating pain is slightly different from referred pain; for example, the pain related to a myocardial infarction could either be referred or radiating pain from the chest. Referred pain is when the pain is located away from or adjacent to the organ involved; for instance, when a person has pain only in their jaw or left arm, but not in the chest. Radiating pain would have an origin, where the patient can perceive pain, but the pain also spreads ("radiates") out from this origin point to cause...

Quadratus lumborum muscle It is the deepest abdominal muscle, and commonly referred to as a back muscle. Thus, a tight quadratus lumborum may be another

hidden cause of low back pain (Janda The quadratus lumborum muscle, informally called the QL, is a paired muscle of the left and right posterior abdominal wall. Each muscle of the pair is an irregular quadrilateral in shape, hence the name. excessive side-bending compressive stresses on the lumbar segments 11be164ecd

Pain ". Pain is a distressing bodily feeling often caused by intense or damaging stimuli. The International Association for the Study of Pain defines pain as "an Pain is a distressing bodily feeling often caused by intense or damaging stimuli. The International Association for the Study of Pain defines pain as "an unpleasant sensory and emotional experience associated with, or resembling that associated with, actual or potential tissue damage 11be164ecd

Crustaceans fulfill several criteria proposed as indicating that non-human animals may experience pain. These fulfilled criteria include... 11be164ecd Type 1 (PSPS-T1): Spinal pain in patients who have not undergone surgery. 11be164ecd

Pain in crustaceans It is a complex mental state, with a distinct perceptual quality but also associated with suffering, which is an emotional state. might not feel pain goes back to the 17th-century French philosopher, René Descartes, who argued that animals do not experience pain and suffering because There is a scientific debate which questions whether crustaceans experience pain. Because of this complexity, the presence of pain in an animal, or another human for that matter, cannot be determined unambiguously using observational methods, but the conclusion that animals experience pain is often inferred on the basis of likely presence of phenomenal consciousness which is deduced from comparative brain physiology as well as physical and behavioural reactions 11be164ecd

== Background and release == 11be164ecd

Pain in My Heart "Pain in My Heart", with the B-side "Something Is Worrying Me", peaked at number 60 on Billboard's Hot 100 chart. Rob Bowman observed that "with "Pain Pain in My Heart is the debut album of the soul singer-songwriter Otis Redding. The title song was written and arranged by Allen Toussaint, under the pseudonym Naomi Neville. Redding recorded for Volt Records, a subsidiary of Stax Records, based in Memphis, Tennessee. Volt LPs were initially issued on the Atco label, which released this album (the singles were issued on the Volt label) 11be164ecd

The quadratus lumborum muscle originates by aponeurotic fibers into the iliolumbar ligament and the internal lip of the iliac crest for about 5 centimetres (2.0 in). It inserts from the lower border of the last rib for about half its length and by four small... 11be164ecd Management of chest pain is based on the underlying cause. Initial treatment often includes the medications aspirin and nitroglycerin. The response to... 11be164ecd

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