

Does Caffeine Cause Acid Reflux

Laryngitis The accompanying symptoms depend on the primary cause. Laryngitis can be caused by overuse of the vocal chords, or by other inflammation, trauma, or infection. Typically, these last under 2 weeks. The primary symptom is loss of some vocal function, ranging from hoarse voice to no voice at all. result of acid reflux. One possible explanation of chronic laryngitis is that inflammation is caused by gastroesophageal reflux, which causes subsequent Laryngitis is inflammation of the larynx (voice box) baacfc49ed

Laryngopharyngeal reflux While LPR is commonly used interchangeably with gastroesophageal reflux disease (GERD), it presents with a different pathophysiology. esophageal, or ideally pharyngeal acid exposure, in patients with clinical symptoms of LPR to document reflux as the cause of the symptoms. LPR may play a role in other diseases, such as sinusitis, otitis media, and rhinitis, and can be a comorbidity of asthma. LPR causes respiratory symptoms such as cough and wheezing and is often associated with head and neck complaints such as dysphonia, globus pharyngeus, and dysphagia. Additionally, Laryngopharyngeal reflux (LPR) or laryngopharyngeal reflux disease (LPRD) is the retrograde flow of gastric contents into the larynx, oropharynx and/or the nasopharynx baacfc49ed

Esophagitis It connects the pharynx to the stomach; swallowed food and liquids normally pass through it. The Esophagitis, also spelled oesophagitis, is a disease characterized by inflammation of the esophagus. The most common cause of esophagitis is the reverse flow of acid from the stomach into the lower esophagus: gastroesophageal reflux disease (GERD). The esophagus is a tube composed of a mucosal lining, and longitudinal and circular smooth muscle fibers baacfc49ed

== Definition == baacfc49ed

Caffeine dependence Conditions may include symptoms of tolerance, withdrawal, persistent desire or unsuccessful efforts to control use, and continued use despite knowledge of adverse consequences attributed to caffeine. Caffeine's Caffeine dependence is substance dependence on caffeine. Such dependence can be physical, psychological, or both. restrict caffeine intake can lead to side effects such as increase in heart rate and blood pressure, sleep disturbance, mood swings, and acid reflux baacfc49ed

Heartburn in pregnancy had the disease before the pregnancy. There may also be associated regurgitation. The diagnosis of gastroesophageal reflux disease (GERD) can be considered if heartburn is troublesome or has complications Heartburn in pregnancy is a common physiological symptom of burning in the esophagus or throat during pregnancy. In those who are affected, it usually starts near the end of the first trimester or in the second trimester, becomes more frequent by the time of the third trimester, and resolves on its own soon after delivery. It does not appear to affect pregnancy outcomes; however, it affects quality of life during pregnancy. Complications may include inflammation of the esophagus, cough, or asthma baacfc49ed

Extraesophageal symptoms result from exposure of the upper aerodigestive tract to gastric contents. This causes a variety of symptoms, including hoarseness, postnasal drip, sore throat, difficulty swallowing, indigestion, wheezing, globus pharyngeus, and chronic throat-clearing. Some people with LPR have heartburn, while others have little to no heartburn... baacfc49ed In 2026, the American Heart Association stated that drinking as many as five cups of caffeinated coffee per day (intake of about 400 mg of caffeine per day) over adult life was safe, and may benefit cardiovascular health in some people. The statement was based on a scientific review of human research indicating that regular coffee consumption may reduce the risk of type 2 diabetes, stroke, and other cardiovascular diseases, although considerable heterogeneity exists in the studies to date. Mechanisms for how habitual coffee consumption and caffeine intake in moderate... baacfc49ed

Esophageal achalasia Without a modifier, "achalasia" usually refers to achalasia of the esophagus. A fully understood cause to the disease is unknown, as are factors that increase the risk of its appearance. Achalasia can happen at various points along the gastrointestinal tract; achalasia of the rectum, for instance, may occur in Hirschsprung's disease. Suggestions of a genetically transmittable form of achalasia exist, but this is neither fully understood, nor agreed upon. The lower esophageal sphincter is a muscle between the esophagus and stomach that opens when food comes in. reflux damage by inhibiting gastric acid secretion, and foods that can aggravate reflux, including ketchup, citrus, chocolate, alcohol, and caffeine, Esophageal achalasia, often referred to simply as achalasia, is a failure of smooth muscle fibers to relax, which can cause the lower esophageal sphincter to remain closed. It closes to avoid stomach acids from coming back up baacfc49ed

== Decaffeination == baacfc49ed The primary symptom of laryngitis is a hoarse voice or aphonia, when there is no sound at all. Because laryngitis can have various causes, other signs and symptoms may vary. They can include: baacfc49ed == Signs and symptoms == baacfc49ed LPR reportedly affects approximately 10% of the U.S. population. However, LPR occurs in as many as 50% of individuals with voice disorders. It may also correlate with the ability to voluntarily burp (supragastric belching). baacfc49ed == Signs and symptoms == baacfc49ed A 2017 umbrella review of meta-analyses found that the consumption of coffee is generally safe within usual levels of intake and is more likely to improve health outcomes than to cause harm at doses of 3 or 4 cups of coffee daily. Exceptions include possible increased risk in women having bone fractures, and a possible increased risk in fetal loss or decreased birth weight during pregnancy. Results were complicated by poor study quality, and differences in age, gender, health status, and serving size. baacfc49ed Risk factors may include fatty or spicy food. The underlying mechanism involves the size of the baby as well as hormone changes. This results in stomach acid entering the esophagus. Diagnosis is generally based on symptoms; though it may rarely be supported by upper endoscopy. Esophagitis, on the other hand, is uncommon and usually occurs in those who had the disease before the pregnancy. The diagnosis of gastroesophageal reflux disease (GERD) can be considered if heartburn is troublesome or has complications. If a person had the disease before the pregnancy, heartburn can be considered an exacerbation of GERD. baacfc49ed Drugs taken in pregnancy including over-the counter-medications, prescription medications, nutritional supplements, recreational drugs, and illicit drugs may cause harm to the mother or the unborn child. Tobacco, alcohol, marijuana, and illicit drug use while pregnant may be dangerous for the unborn baby and may lead to severe... baacfc49ed Caffeine is a stimulant of the central nervous system (CNS). It is found naturally in coffee and tea, and can be added to food as an additive. Caffeinated beverages are drinks with natural or artificially added caffeine, such as caffeinated alcoholic beverages, energy drinks, and colas. Some pills, like pain relievers, also contain caffeine. A 2015 study found that 89 percent of adults in the U.S. consume on average 200 mg of caffeine daily, between 2001 and 2010. One area of concern that has been presented is the relationship between pregnancy and caffeine consumption, as repeated caffeine doses of 100 mg appeared to result in higher risk of low birth weight. The maximum daily recommended intake for caffeine is generally cited as 400 mg. baacfc49ed Initial

efforts often include eating... baacfc49ed

Low caffeine coffee In the case of decaffeinated coffee, eliminating caffeine can cause a sharp decline in the natural taste Low caffeine coffee is a term that is used by coffee producers to describe coffee that has not been subjected to a process of decaffeination, but is substantially lower in caffeine than average coffee. Samples of coffee vary widely in caffeine levels due to many factors, some well documented (such as genetics) and some not fully understood, such as the action of soil, water levels and sunlight. Low caffeine coffees are typically created by assaying caffeine levels of different bean lots and selecting the best flavor profile from the lots that are naturally lowest in caffeine. the lots that are naturally lowest in caffeine baacfc49ed

Esophageal achalasia is an esophageal motility disorder involving the smooth muscle layer of the esophagus and the lower esophageal sphincter (LES). It is characterized by incomplete LES relaxation, increased LES tone, and lack of peristalsis of the esophagus (inability of smooth muscle to move food down the esophagus) in the absence of other explanations like cancer or fibrosis. Conversely, achalasia can... baacfc49ed The symptoms of esophagitis include: baacfc49ed == Signs and symptoms == baacfc49ed == Health effects == baacfc49ed Common causes include infection with *Helicobacter pylori* and excessive use of non-steroidal anti-inflammatory drugs (NSAIDs). Other, less common causes include tobacco smoking, physiological stress, Behçet's disease, Zollinger–Ellison syndrome, Crohn's disease, and liver cirrhosis. Older people are more sensitive to the ulcer-causing effects of NSAIDs. The diagnosis is typically... baacfc49ed Esophagitis can be asymptomatic or can cause epigastric and/or substernal burning pain, especially when lying down or straining, and can make swallowing difficult (dysphagia). The most common cause of esophagitis is the reverse flow of acid from the stomach into the lower esophagus: gastroesophageal reflux disease (GERD). baacfc49ed

Drugs in pregnancy In addition a reported 5–10% of women of childbearing age use alcohol or other addictive substances. gastro-esophageal reflux disease (GERD), where the lower esophageal sphincter relaxes due to elevated progesterone levels causing increased frequency Drugs, including medications and recreational drugs, may have effects during pregnancy on the pregnant woman and fetus that vary from the effects of the drug on people who are not pregnant. Some of the consequences on the babies include physical and mental abnormalities, higher risk of stillbirth, neonatal abstinence syndrome (NAS), sudden infant death syndrome (SIDS), low birthweight, and others. Of those who bear children, recreational drug use can have serious consequences to the health of not only the mother, but also the fetus as many medications can cross the placenta and reach the fetus. The Food and Drug Administration (FDA) in the United States reports that there are six million pregnancies with at least 50% of the women taking at least one medication baacfc49ed

Peptic ulcer disease episode of regurgitation to dilute the acid in the esophagus, although this is more associated with gastroesophageal reflux disease); nausea and copious vomiting; Peptic ulcer disease refers to damage of the inner part of the stomach's gastric mucosa (lining of the stomach), the first part of the small intestine, or sometimes the lower esophagus. The most common symptoms of a duodenal ulcer are waking at night with upper abdominal pain, and upper abdominal pain that improves with eating. Other symptoms include belching, vomiting, weight loss, or poor appetite. The pain is often described as a burning or dull ache. An ulcer in the stomach is called a gastric ulcer, while one in the first part of the intestines is a duodenal ulcer. Bleeding occurs in as many as 15% of cases. Complications may include bleeding, perforation, and blockage of the stomach. With a gastric ulcer, the pain may worsen with eating. About a third of older people with peptic ulcers have no symptoms baacfc49ed

Health effects of coffee A 1999 review found that coffee does not cause indigestion, but may promote gastrointestinal reflux. Two reviews of clinical The health effects of coffee consumption are varied and include both potential benefits and health risks. death by all disease causes baacfc49ed

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